Forward by Eva Edohen

*Safeguarding Co-ordinator for the Diocese of Westminster*

Welcome to another information packed edition of RCDOW Safeguarding News.

This season we are focusing on the changes to the government statutory guidance, training, Mental Health Awareness week and some helpful frequently asked questions.

Next time we will give you an update on our plans to get out to the parishes and deaneries within the next few months which I am very excited about!

Please enjoy your summer breaks.

Eva

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News

Last month, the Department for Education (DfE) published the updated “Working Together to Safeguard Children” (WTSC) document which comes into force immediately replacing the previous document of 2015.

This guidance sets out additional safeguarding responsibilities for organisations working with children and introduces a new model for inter-agency working, which will see the disappearance of Local Safeguarding Children’s Boards (LSCBs) and the introduction of three Local Safeguarding Partners.


The government also updated the Keeping Children Safe in Education guidance.

For more information, please turn to page 4 of this Newsletter.
Dear PSRs,

May 14-20 2018 was Mental Health awareness week and EduCare has been busy creating an information pack and a video to mark the occasion.

The World Health Organisation predicts that by 2030 more people will be affected by depression than any other health problem.

**What are the signs and symptoms of poor mental health?**

There are many signs and symptoms to look out for that may indicate a child or young person is struggling with their mental health. The resource looks at how to spot the signs that a young person is struggling with mental health and also includes some guidance about how to make a difference.

**Treat everyone as an individual**

There are many signs and symptoms to look out for that may indicate a child or young person is struggling with their mental health. Every young person is different, so it is important to think about each as an individual. If we ask ourselves ‘what are the signs that would worry me or make me want to find out more?’, we will come up with a list that often comes down to a change in behaviour from what is 'normal' for that particular young person. For example, a child who is usually very well behaved and quiet then becomes loud and aggressive, or a child who is usually very sociable and contributes a lot, becomes withdrawn and isolated.

**Some signs and symptoms**

- Not taking care of their appearance and/or hygiene.
- Absence from school (or sickness – often in adolescence, young people will experience physical symptoms of anxiety or stress before they can necessarily articulate the issue; for example, being sick before coming school).
- Socially isolated and/or withdrawing.
- Erratic behaviour or mood swings.
- Risk taking behaviour.
- Anger and aggression.
- Not being able to concentrate and seeming distracted.
- Avoiding friends and, avoiding activities they used to find fun.
- Missing regular appointments.
- Seeming jumpy or nervous for no obvious reasons.
- Panic attacks.
- Tired in school.
- Change in appetite.
- Lack of aspiration or not being able to predict positive things happening in the future.

The above information was taken from EduCare’s Mental Wellbeing in Children and Young People training course.
ADULT WORKFORCE

Please be mindful when requesting adult workforce checks, see below for information on when this is required.

Enhanced Checks

Enhanced adult workforce checks can only be requested for those working with adults who need help because of their age, illness or disability. If an adult activity does not include adults who fall in this category then a DBS is not required.

Adult barred list check (Regulated Activity)

The six categories that require a barred list check are listed below. If an applicant does not perform any of the below then a barred list check cannot be requested.

1. Providing Healthcare - provision by a healthcare professional or under the direction or supervision of one.

2. Providing personal care - Relevant personal care is:
   (a) Physical help in connection with eating or drinking, for reasons of the adult’s age, illness or disability;
   (b) Physical help for reasons of age, illness, or disability, in connection with:
      o (i) toileting (including re menstruation)
      o (ii) washing, bathing, or dressing;
   (c)-(d) Prompting with supervision, in relation to (a)-(b), where the adult is otherwise unable to decide to do this without prompting or supervision;
   (e)-(f) Other training or advice in relation to (a)-(b).

3. Providing social work

4. Assisting with general household matters –
   • Managing the person’s cash,
   • Paying the person’s bills,
   • Shopping

5. Assisting in the conduct of people’s own affairs

6. Conveying adults to, from, or between places

Please note: the frequency test has been removed and an individual only needs to engage in a defined activity once to be carrying out Regulated Activity
The Department for Education (DfE) have issued updated guidance on how organisations and agencies should work together to safeguarding and promote the welfare of all children and young people under the age of 18 in England, ‘Working Together to Safeguarding Children 2018’ (WTSC).

The new document acknowledges the important role that is played by faith organisations in safeguarding children and supporting families and communities. It also offers a useful reminder that we all have the same safeguarding responsibilities, whether in a paid role or a volunteer. For that reason, we, and all volunteers in your parish, should be aware of how to respond to child protection concerns and how to make a referral to local authority children’s social care or the police if there is an immediate concern about the safety of child.

What is new?

A New Child Safeguarding Model:

- LSCBs replaced by Local Safeguarding Partners – The LA, Clinical Commissioning Group and Chief Police Officer who have a statutory obligation to work together and with relevant agencies.
- Serious Care Reviews to be replaced by Child Safeguarding Practices Reviews.
- Sporting Organisations now included in the remit of WTSC.

Summary “Keeping Children Safe in Education” 2018:

- Part 1: Designated lead, referrals, early help, children in need/at risk.
- Part 2: Management of Safeguarding – multi agency working, info sharing, peer on peer, LAC, SEN/disabilities.
- Part 3: Safer Recruitment – DBS, other barring restrictions, single record, DBS referrals.
- Part 4: Allegations against staff.
- Part 5: Child on child sexual violence/harassment.

If you are unsure about reporting procedures, please speak Eva or Natalie or refer to CSAS (http://www.csasprocedures.uk.net/).

The DfE have also produced guidance on information sharing for people who provide safeguarding services to children, young people and their parents/carers. The document outlines, in ‘The Seven Golden Rules for Information Sharing’ that the General Data Protection Regulations (GDPR), Data Protection Act (2018) and human rights law should not be barriers to sharing information about those for whom we are concerned. The seven golden rules on page 4 is a useful guide if you are ever unsure.

IF IN DOUBT SPEAK OUT!
SEE IT STOP IT!
<table>
<thead>
<tr>
<th>QUESTIONS</th>
<th>ANSWERS</th>
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<tbody>
<tr>
<td>Q: Where is induction day for PSRs held and</td>
<td>A: Induction day is the full day training given to all candidates who are becoming PSRs. It takes place at Vaughan House (VH) from</td>
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<td>how long does it last for?</td>
<td>10.00am until 4.30pm. Arianna Sommariva will inform prospective candidates about their induction date and details.</td>
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<tr>
<td>Q: What is a DBS parish report and how can</td>
<td>A: The DBS parish report is an updated list that contains the necessary information about current volunteers at a parish and their DBS</td>
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<tr>
<td>PSRs obtain their DBS parish report?</td>
<td>status. The list only provides name, surname, role and DBS release date and can be requested by writing to: <a href="mailto:ariannasommariva@rcdow.org.uk">ariannasommariva@rcdow.org.uk</a></td>
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<tr>
<td>Q: How many hours a month does a PSR have to</td>
<td>A: It very much depends on the size of your parish’s volunteering force when it comes to processing DBS’ and also on your availability to</td>
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<td>dedicate to this role?</td>
<td>expanding your PSR role within the parish further (i.e. meeting with parish priest regularly to brief regarding safeguarding at the parish,</td>
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<td></td>
<td>training volunteers, promotion of safeguarding culture e.g. EDUCARE).</td>
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<tr>
<td>Q: Where can PSRs find the answers to the</td>
<td>A: PSRs would benefit by exploring both the “Resource Centre” <a href="http://safeguardrcdow.org.uk/wp-login.php?redirect_to=http%3A%2F%2Fsafeguardrcdow.org.uk%2F&amp;re-auth=1">http://safeguardrcdow.org.uk/wp-login.php?redirect_to=http%3A%2F%2Fsafeguardrcdow.org.uk%2F&amp;re-auth=1</a> and CSAS <a href="http://www.csas.uk.net/resource-area/">http://www.csas.uk.net/resource-area/</a> website on a regular basis where they can find many answers and suggestions to the majority of issues that arise at a parish in the area of safeguarding.</td>
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<tr>
<td>many frequently and commonly arisen issues?</td>
<td></td>
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• We are calling all our PSRs to help us devise a new training for all the volunteers across the parishes of the diocese. The idea is to develop a standardised, insightful and comprehensive safeguarding training plus a refresher that can be delivered by PSRs to all the volunteers. Together we aim at providing the knowledge that we wish our volunteers to possess in matters of safeguarding and to promote safe and good practices within the parishes' environments. Your contribution is essential because as a PSR you understand your parishes and volunteers needs.

Please send your comments, ideas and material to ariannasommariva@rcdow.org.uk by the end of October 2018. Thank you.

• WATCH THIS SPACE!

An opportunity for a training in “Document Awareness Checklist” provided by NaCTSO (National Counter Terrorism Security Office) has come to our attention and we are starting to discuss the relative arrangements to make it also available to PSRs. This training provides an understanding and several theoretical and practical examples of how to recognise false documentation. This is particularly important to the work PSRs carry out daily, especially when processing DBS and performing ID checks. There will be initially a limited number of spaces however we will consider the possibility of repeating the training if successful. The formula will be “first come first served” basis and we will soon be in contact with you all to give you some more details about this exciting training and how to (quickly!) enrol for your place.
The Central Safeguarding Team:

Safeguarding Coordinator:
Name:  Eva Edohen
Email: evaedohen@rcdow.org.uk
Phone: 020 7798 9350

Episcopal Vicar for Safeguarding:
Name: Fr Jeremy Trood
Email: jeremytrood@rcdow.org.uk
Phone: 020 7529 8631

Safeguarding Officer:
Name: Natalie Creswick
Email: nataliecreswick@rcdow.org.uk
Phone: 020 7798 9359

PA to Safeguarding Coordinator:
Name: Gabriele Sedda
Email: gabrielesedda@rcdow.org.uk
Phone: 020 7798 9356

DBS Administrator:
Name: Jackie Krobo
Email: jackiekrobo@rcdow.org.uk
Phone: 020 7798 9352

Safeguarding Support Officer:
Name: Arianna Sommariva
Email: ariannasommariva@rcdow.org.uk
Phone: 020 7798 9358

Other Contacts:

Catholic Safeguarding Advisory Service (CSAS)
Email: admin@csas.uk.net
Phone: 020 7901 1920
Website: www.csas.uk.net

National Catholic Safeguarding Commission (NCSC)
Website: www.catholicsafeguarding.org.uk