

Some suggested prayers for those without access to the internet or streamed Masses.

~ For NHS Staff

Almighty God,
whose Son Jesus Christ, healed all manner of
illness and disease,
grant to doctors,
nurses,
all allied health care professionals
and care home staff,
your boundless love and protection.

Keep them safe, and preserve them from all
contagion.

Enable them to use their
energy,
wisdom and skill,
sympathy and patience
to help, heal and support those living with
illness.

We make this prayer,
through Christ our Lord.
Amen.

~ Prayer of Pope Francis to Our Lady.

O Mary,
you always shine on our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the
Sick,
who at the cross took part in Jesus' pain,
keeping your faith firm.
You know what we need,
and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy and to feasting
after this time of trial.

Help us, Mother of Divine Love,

to conform to the will of the Father
and to do as we are told by Jesus,
who has taken upon himself our sufferings
and carried our sorrows
to lead us, through the cross,
to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy
Mother of God. Do not disdain the entreaties
of we who are in trial, but deliver us from
every danger, O glorious and blessed Virgin.

Pope Francis, 11th March 2020

~ A Prayer for Everyone:

God, Our Father,
Creator of the world, almighty and merciful.
Out of love for us, you sent your son into the
world
as the doctor of our souls and bodies.

Look upon your children,
who in this difficult time of confusion and
dismay
in many regions around the world
turn to you seeking strength, salvation and
relief.

Deliver us from illness and fear,
comfort our sick and their families
give wisdom to our rulers,
energy and reward to our doctors,
nurses and volunteers,
and eternal life to those who have died.

Do not abandon us in this moment of trial,
But deliver us from all evil.
We ask this of you who with the Son and the
Holy Spirit,
live and reign for ever and ever.
Amen.

Mary, Mother of Health and Hope,
Pray for us.
Amen

~ Prayer to Christ the Healer

In the comfort of your love, I pour out to you,
my saviour
the memories that haunt me,
the anxieties that perplex me,
the fears that stifle me,
the sickness that prevails upon me,
and the frustration of all the pain that weaves
about within me.

Lord, help me to see your peace in my
turmoil,
your compassion in my sorrow,
your forgiveness in my weakness,
and your love in my need.

Touch me, o Lord, with your healing power
and strength.

Amen

~ If Anxious

Do not look forward in fear to the changes in
life;
rather, look to them with full hope that as
they arise,
God, whose very own you are,
will lead you safely through all things;
and when you cannot stand it,
God will carry you in His arms.

Do not fear what may happen tomorrow;
the same understanding Father who cares for
you today will take care of you then and
every day.

He will either shield you from suffering
or will give you unfailing strength to bear it.
Be at peace,
and put aside all anxious thoughts and
imagination.
St Francis De Sales