

## WATFORD AND ST ALBANS HUB UPDATE



### MAPPING AND FAMILIARISATION

- A directory of social action in Watford and St Albans is now online. Please submit any corrections or additions.
- <http://rcdow.org.uk/caritas/social-action-initiatives/>



### CONTACT THE ELDERLY

- Contact the Elderly organise monthly Sunday afternoon tea parties for small groups of isolated older people aged 75 and over.
- There are four parish groups in Westminster, and three in development, two of which are in the Watford Deanery.



### PLUS CLUB, HEMEL HEMPSTEAD

- A monthly Sunday afternoon club for individuals with intellectual disabilities and their families. Based on the Caritas St Joseph's Saturday club model, and organised through the Hemel Hempstead Caritas group, this is a safe, welcoming and inclusive space for play and social activities.



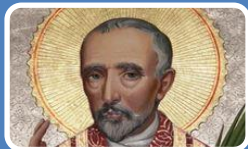
### LOVE IN ACTION

- A programme to engage parishes in Catholic Social Teaching, and promote social action in the parish. New or improved parish social action is the intended outcome.
- A pilot project has been completed at Holy Rood parish, Watford.



### FOOD BANKS

- We support a network of foodbanks. This year we have moved over 640kg of surplus food from St Albans to struggling foodbanks in Bow and Archway.



### ST JOHN SOUTHWORTH FUND

- Applications are open for social action project grants up to £10,000, in line with Caritas' strategic objectives.



### OLDER PERSONS SERVICES FORUM (CSAN)

- I represent Caritas on this Forum, which looks to identify strategic responses to issues of old age and isolation in our communities.

## CARITAS WESTMINSTER DIOCESE



### REFUGEES AND HOMELESSNESS

- Caritas is coordinating a response to the refugee crisis in Westminster.
- Westminster winter night shelter circuit.
- Support and coordination for projects.



### HUMAN TRAFFICKING

- Bakhita House for trafficked women.
- 'Just Enough UK.' Presentations on human trafficking for schools.



### FOOD POVERTY AND DEBT

- Foodbank set-up advice and funding.
- Foodbank surplus redistribution.
- Advice on Holiday Hunger Programmes.



### DEBT

- Links with Quaker Social Action; 'Made of Money' Debt advice course.
- Debt advice through foodbank network.



### SOCIAL ISOLATION

- Contact the Elderly Partnership.
- Telephone Befriending Service.
- Dementia awareness.



### INTELLECTUAL DISABILITY

- St Joseph's Pastoral Centre services.
- Disability awareness training.
- Symbolic catechesis.
- Saturday Clubs.
- L'Arche Community links.



### YOUNG PEOPLE

- Courtyard project.
- Love in Action.