INITIATIVES SUPPORTING MARRIAGE & FAMILY LIFE

**Alliance of Catholic Marriage Organisations** <http://www.allianceofcatholicmarriageorganisations.org.uk/>

exists out of a shared desire to be united around our service to the Church and our commitment to offer clearer, more joined-up pathways of support for couples: ‘Accompanying couples over a lifetime’.

# **Arco Iris Learning** <https://arcoirislearning.co.uk/>

Providing sessions for primary schools drawing on Ignatian Spirituality and scripture passages to provide imaginative experiences and contemplative explorations.

# **Association of Interchurch Familie**[**s** http://www.interchurchfamilies.org.uk/](http://www.interchurchfamilies.org.uk/)

In both supporting and speaking for families who are in interchurch or mixed marriages we provide a range of services and opportunities.

**Beginning Experience**

Beginning Experience offers weekend residential programmes to those who have lost a partner through death, desertion, separation or divorce, to help them come to terms with their grief so that they can begin again. Telephone: 0208 647 4760

Email [besouthofengland@gmail.com](mailto:besouthofengland@gmail.com)

# **Being a Parent Today** [www.ctsbooks.org/being-a-parent-today](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.ctsbooks.org/being-a-parent-today)

A lovely little book of Practical pointers on helping to care for your children. Edited by Fr. Stephen Wang.

# **Care for the Family** [www.careforthefamily.org.uk](file://dowdocs/charlottemcnerlin/Documents/ANNUAL%20MASS%20FOR%20MATRIMONY%202018/www.careforthefamily.org.uk)

Care for the Family is a national charity which aims to promote strong family life and to help those hurting because of family breakdown.

**Cath Family** <https://cathfamily.org/> website dedicated to assisting families in making the home the living heart of the church.

**Catholic Grandparents Association for England and Wales**

[www.catholicgrandparentsassociation.com](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.catholicgrandparentsassociation.com)

This is a global organisation supporting, equipping and encouraging grandparents in their vocation.

# **Catholic Marriage Care** [www.marriagecare.org.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.marriagecare.org.uk)

Catholic Marriage Care established in 1946, specialises in helping couples build and sustain strong, fulfilling, healthy marriages, and in providing support in times of relationship difficulty, through the work of nearly 700 volunteers based at 52 centres around England and Wales. Email[: info@marriagecare.org.uk](file://dowdocs/charlottemcnerlin/Documents/info@marriagecare.org.uk) Telephone: 800 389 3801 (for appointments, bookings and enquiries)

**Catholic Marriage Preparation Inc**[**.** www.catholicmarriageprep.com](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.catholicmarriageprep.com)

Marriage Preparation for engaged couples with time or distance constraints. Originating from the Diocese of Denver in the USA, with official approval of the hierarchy, this web-based online course is ideal for all engaged couples and even as a refresher programme on the theology of marriage for spouses.

**Catholic Mothers** [www.catholicmothers.co.uk](http://www.catholicmothers.co.uk/)

Helping families to gently grow together in faith, underpinned by hospitality and sharing.

Email: [CatholicMothersUK@gmail.com](mailto:CatholicMothersUK@gmail.com)

**Celebrate** <https://www.celebratetrust.org/>

Is a Catholic Ministry that inspires families, which come in different shapes and sizes to live an authentic question life. We believe God wants them all to flourish. We place ourselves at the service of families to encourage faith formation and community, for them to play their part in the revitalisation of the Church and the sharing of the Gospel in society.

**Couples for Christ** [www.couplesforchristglobal.org](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.couplesforchristglobal.org)

Evangelistic and missionary community for families, focussing on building strong and vibrant Christian communities throughout the world.

# **City Crisis Pregnancy**[www.citypregnancy.org.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.citypregnancy.org.uk)

15a Lamb’s Passage, Off Bunhill Row, London, EC1Y 8LE

A charity supported by the diocese offering a listening/counselling/psychotherapy service for those seeking support as a result of an unexpected pregnancy.

Telephone: 020 7638 5440

# **CTS Family Matters series** [www.ctsbooks.org/marriage-and-family](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.ctsbooks.org/marriage-and-family)

From the Catholic Truth Society, offering a number of easily digestible books and booklets on marriage and family life. The CTS Marriage and Family series is a valuable resource for spouses and parents looking for information on the Church’s teaching on marriage and family.

**Enough is Enough** <https://internetsafety101.org/>

# Internet safety for children.

# **Family Groups Movement** <https://www.pfgm.org/>

International organisation founded by the Passionists to build Christian communities through the development of extended families. Present in several parishes in the Diocese of Westminster.

**FAMILIES NEED FATHERS** [www.fnf.org.uk](file://dowdocs/charlottemcnerlin/Documents/www.fnf.org.uk)

Families Need Fathers (FNF) is a registered charity providing support to divorced and separated parents, irrespective of gender or marital status on shared parenting issues arising from family breakdown. FNF’s primary concern is to maintain the child’s relationship with both parents. Email: [fnf@fnf.org.uk](file://dowdocs/charlottemcnerlin/Documents/fnf@fnf.org.uk%20) or admin@fnf.org.uk Helpline: 0300 0300 363

**GINGERBREAD**

Gingerbread a support organization for lone parents and their children throughout England and Wales.

Details from: Gingerbread, 520 Highgate Studios, 53-79 Highgate Road, London NW5 1TL Email[: info@gingerbread.org.uk](file://dowdocs/charlottemcnerlin/Documents/info@gingerbread.org.uk)

Telephone: 020 7428 5400

Helpline: 0808 802 0925

**Good Counsel Network** <https://goodcounselnet.co.uk/>

Helping to encourage and enable women through emotional and financial support, to find positive solutions to difficult situations in pregnancy and beyond, enabling them to choose life for their babies.

Telephone: 020 7723 1740

Emai[l:info@goodcounselnetwork.freeserve.co.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/info@goodcounselnetwork.freeserve.co.uk)

# **Grief to Grace** [www.grieftograceuk.org](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.grieftograceuk.org)

A Catholic team specialising in the healing of post-abuse trauma, whether physical, psychological, sexual or spiritual. Grief to Grace are based in Kensington, London and offer residential programmes which are held in various retreat centres in the South of England.

**Inter Faith Marriage Network** [www.interfaithmarriage.org.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.interfaithmarriage.org.uk)

Supportive network for mixed-faith couples. Sponsored by Churches Together.

# **Jesse Box**https://www.rpbooks.co.uk/jesse-box-family-edition

Introducing children to scripture stories through interactive play. Bringing parents and children together around the Bible, the Jesse Box is a catechetical tool enabling children to walk through the stories of the Bible and then recreate the story using arts and crafts.

**K4J** [www.k4j.org](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.k4j.org)

The KIDS4JESUS Family offers a link between home, school and parish.

**Marital Healing** [www.maritalhealing.com](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.maritalhealing.com)

Educating spouses, marital therapists and clergy about the common causes of conflicts in marriage.

# **Mothers Prayers** [www.mothersprayers.org](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.mothersprayers.org)

For mothers who wish to pray together for their children and grandchildren.

**Mothers Apart From Their Children MATCH** [www.matchmothers.org](file://dowdocs/charlottemcnerlin/Documents/www.matchmothers.org)

This site is for mothers living apart from their children, and mothers who have little or no contact with their children. Sometimes separations last for many years, sometimes forever. MATCH is entirely supportive across the world. Email[: enquiries@matchmothers.org](file://dowdocs/charlottemcnerlin/Documents/enquiries@matchmothers.org)

**National Parenting Initiative**<https://www.thenpi.org.uk/>

The NPI was set up in January 2012 by a group of parenting professionals and senior church leaders from all over the UK. The goal is to encourage parenting courses in every corner of our four nations and to make it easy for parents to access them.

# **PAPYRUS** [www.papyrus-uk.org](file://dowdocs/charlottemcnerlin/Documents/www.papyrus-uk.org)

PAPYRUS is a national UK charity dedicated to the prevention of young suicide and provides confidential help and advice to young people and anyone worried about a young person. Email: pat@papyrus-uk.org

Emergency: Text: 88247 or, Helpline: 0800 068 4141 (HopeLineUK staffed by trained professionals)

**Peanut Butter and Grace** [www.pbgrace.com](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.pbgrace.com)

An online resource for Catholic family spirituality, offering ideas, practical suggestions, prayers, articles and books for practising the Faith as a family and keeping the Faith alive.

# **Rachel’s Vineyard** [www.rachelsvineyard.org.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.rachelsvineyard.org.uk)

Rachel’s Vineyard cares for any person who has struggled with the emotional and spiritual pain of abortion. Offering weekend retreats throughout the year, the retreat is an opportunity to get away from the daily pressures of work and family, to focus on a painful time in life, and to begin healing through a supportive and non-judgemental process.

Mobile: 07851 331 816 (Pam, Southern England) or 07505 904 656 (Marene, Northern England)

# **Relate** [www.relate.org.uk](file://dowdocs/charlottemcnerlin/Documents/www.relate.org.uk)

Relate is the UK’s largest provider of relationship counselling and sex therapy. They also offer a range of other relationship support services. Telephone: 0300 100 1234

**Restored Lives** Recovery from Divorce and Separation, gives you the help and support you need, as well as practical tools, to get through your relationship breakdown and divorce. Your Direction, a five-session resource has been developed to provide a to support children/young adults when parents separate.

<https://www.restoredlives.org/divorce-recovery-help>

**RESTORED** <https://www.restored-uk.org/>

A Christian charity that aims to end violence against women, which provides a variety of resources for victims of abuse, church leaders and men.

# **Retrouvaill**[**e** www.retrouvaille.org.uk](http://www.retrouvaille.org.uk/)

Retrouvaille is the name of a programme designed to help heal and renew marriages. It is for couples in serious difficulty or even separated. The word "Retrouvaille" simply means "rediscovery". Mobile from within UK: 07887 296983 or 0797 338 0443  Email [info@retrouvaille.org.uk](mailto:info@retrouvaille.org.uk?subject=Email%20from%20Retrouvaille%20website)

**SmartLoving Breakthrough Workshop** is a 3-hour practical, solution-focused event for all stages of marriage. Drawing on contemporary research and Catholic theology, this workshop will arm you with skills and insights to transform your relationship into the thriving, joy-filled encounter that it is meant to be. For more information about upcoming workshops please contact [family@rcdow.org.uk.](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/family@rcdow.org.uk)

**Talk2God** [www.catholicireland.net/talk2god/](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.catholicireland.net/talk2god/) Leading children into prayer.

# **Teams of Our Lad**[**y** www.teamsgb.org.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.teamsgb.org.uk)

International Catholic movement for Christian married couples, providing support and encouragement to each other on their spiritual journey and daily lives. Super-Regional Couple – Paul & Annette <https://teamsgb.org.uk/contact-form-7/>

**The Wednesday Word** [www.wednesdayword.org](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.wednesdayword.org)

The Word of God connecting home, school and parish. Structured around the Sunday Gospel, this weekly leaflet is designed to include the whole family.

# **Two in one Flesh**<http://www.twoinoneflesh.org.uk/>

Offers marital reflections on Sunday readings, helping couples discover what relevance each Sunday’s scripture readings can have for them.

**Union of Catholic Mothers**[www.theucm.co.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.theucm.co.uk)

# Email[: srbrigid@gmail.com](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/srbrigid@gmail.com)

Telephone: 020 7286 6387

**The Verbum Dei Missionary Fraternity** <http://uk.verbumdei.org/>

Encounters and formation for married couples

**Worldwide Marriage Encounter England and Wales**[www.wwme.org.uk](file://dowdocs/charlottemcnerlin/Documents/Annual%20Mass%20for%20Matrimony/www.wwme.org.uk) Marriage Encounter weekends for couples wishing to revitalise their marriages. Engaged Encounter weekends providing marriage preparation for engaged couples.