



# THE BRITISH PROVINCE OF CARMELITES

## Exploring Carmel...

- For young adults aged 18 - 35
- Build relationships and share your life experiences
- **Opportunity to grow spiritually and deepen your awareness of God**
- Explore the story and gifts of the Carmelite tradition

## Delivery


Starting September 2024


12 sessions on 'Zoom'

Prayer - input - group discussion

Supported with options for in-person meeting

*More details &  
Registration*

 WhatsApp +447552834019

 gbcarmelite

