

poorest of the poor. How aware am I of the living presence of the Risen Lord in my life?

*We now listen to a personal faith sharing where a catechist shares how they have known Jesus as the Resurrection and the Life.*

- What helps you to encounter and recognise the presence of the living Lord Jesus in your life?
- Do you look forward to the resurrection of the body and life everlasting?
- Did you know that through baptism believers are dead to sin and alive for God in Christ Jesus? What does this mean for you?
- How is the new life of the resurrection displayed in your life and in the lives of Christian witnesses you know?

*Spend some time sharing your reflections as a group.*

### Prayer

Lord Jesus,  
with Martha the sister of Lazarus  
we believe and proclaim you  
as the Resurrection and the Life.

Help us in our lives, each day,  
to know the power of your resurrection.  
Amen



## Getting to know Jesus Christ



### *7. I am the Resurrection and the Life*



# *I am the Resurrection and the Life*

John 11:25

## **Introduction**

In the Gospel of John we read the account of Jesus raising his friend Lazarus from the dead. Before going to the tomb Jesus reveals himself to Martha, one of the grieving sisters of Lazarus, as 'the Resurrection and the Life.'

This victory of life over death reaches its climax on the third day after Jesus' own death on the cross when he is raised to new life. At the Easter Vigil we celebrate in a special way his resurrection from the dead, for it is the crowning truth of our faith. (CCC 638)

## **Reflecting on Our Experience**

What each of us, and every person, has in common is that we all share this earthly human life. All of us are conceived, born and experience human life with its joys and sorrows. For each of us too this journey will come to an end with bodily death. The resurrection of Jesus reminds us that death is not the end but that God's promises, and his love, are eternal. Many of us over the years have experienced the funerals of family members and friends. Amidst the sorrow were these times touched with the hope of the resurrection (c.f. 1 Th 4:13-14)? How do you feel about the subject of death (Heb 2:14-15)? What does the resurrection mean for you?

## **Listening to Scripture**

Choose one or more of the following Scripture passages to read and reflect on.

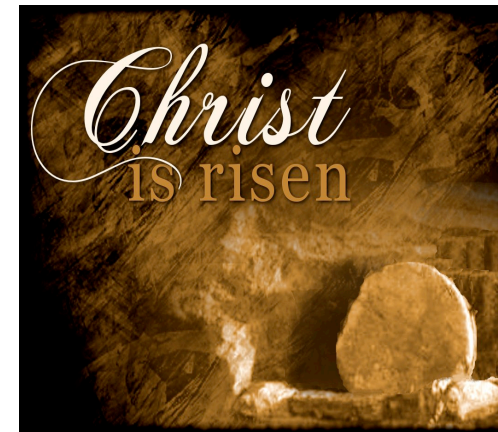
Ezekiel 37:11-14 — *I mean to raise you from your graves*

John 11: 17-27 — *I am the Resurrection and the Life*

1 Corinthians 15:12-22 — *Christ has been raised*

Romans 6:3-11 — *Through baptism we are dead to sin and alive for God in Christ Jesus.*

Romans 8:9-11 — *The gift of new life in Christ*



## **Reflecting and Sharing**

'Jesus Christ is risen!' this is the joyful news that the first Christians announced on that first Easter day. We too can encounter Jesus Christ risen and alive, through the Church and especially through the Sacraments of the Church. The two disciples recognised him in the breaking of the bread at Emmaus, St Paul encountered the Risen Christ on the road to Damascus,, Mother Teresa encountered him in the